

THE ANGLICAN DIOCESE OF CANBERRA & GOULBURN
PARISH OF MANUKA, SOUTH CANBERRA
22 MARCH 2020

HOLY EUCHARIST - FOURTH SUNDAY IN LENT



The Lord is my Shepherd

.....
• We acknowledge that we worship on the lands of the Ngunnawal People. We celebrate the rich
• contributions of Indigenous Australians to our community and commit ourselves to reconciling action.
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From the Rector

Dear Parishioners,

I am sure that the irony that on Mothering Sunday, also known as Refreshment Sunday, we implement a ban on refreshments after service, has not escaped everyone. We have also this week suspended nearly all other parish activities as we seek to protect the many high risk category parishioners. Due to my own illness I will again not be present at services this weekend, and I am grateful to our assisting and associate clergy for their support at this time. This is a very unusual situation we all find ourselves confronted with. It may very well be that in the near future services will also need to be suspended.

As the COVID-19 situation develops and activities and worship are or become affected, we will endeavour to keep in contact with parishioners by phone and digital communication. If you have not yet completed a contact details update, please do so urgently so that we can add you to our email listings. We are also exploring our capacity to use webcasting, virtual meetings and streaming to maintain a sense of community at this time of isolation. I encourage you to consult our webpage regularly and our Facebook page. I never expected to be making the switch from High Church to Hi-tech Church!

Like any of life's challenges, this crisis presents us with choice: the choice to give in to fear and self-interest or to look for the common good, seeking to love one another no matter what.

We are keen to assist, where possible, those who are in special need. If you find yourself affected adversely by social isolation or in need of material assistance because you are unwell and have no family or others to assist, please get in touch with the Parish. While we cannot promise to fulfil all needs, we will strive to do what we can. Similarly, if you have resources that you can offer to help those in need, please be in touch.

It is my intention to produce reflections and prayers which will be published on our website. I also remind parishioners of our common E-pray subscription which provides the daily offices of Morning Prayer, Evening Prayer and Compline - the App can be downloaded from the App Store and the Parish Code to log in is 7367.

Pax,



For Visitors and Newcomers:

- We are delighted that you have joined with us for worship today. We hope you find us to be a welcoming, inclusive and prayerful community.
- Directions for kneeling, standing and sitting are provided but please do not feel obliged to adopt any posture that is not appropriate for you. If there is anything you need assistance with, please do not hesitate to ask one of the Welcomers or other parishioners.
- If you decide that you would like to join the Parish, please fill out a contact form available from the Welcomers and return it to one of the clergy.

For the Comfort and Well-Being of All

- Please ensure that your mobile devices are switched to silent mode. No video recording is permitted during services due to copyright restrictions and out of courtesy to other worshippers please do not photograph children without permission of their parents/guardians.
- A hearing loop is available in the first 5 rows of pews at St Paul's and there is a double-spaced pew towards the front for wheelchairs/prams
- First Aid kit locations are marked in church buildings.
- Toilets and change facilities at St David's are available in the narthex and at St Paul's in the church hall.
- If it is necessary to evacuate, please remain in your pew until you are instructed to leave via an emergency exit by the clergy. Please keep calm and quiet so that further instructions may be given as needed. If anyone near you needs assistance please help them or seek the help of the clergy/welcomers. Please note, all parish buildings and grounds are NON-SMOKING.
- If you have any health and safety concerns relating to the church site or any equipment, or safe ministry concerns, please raise them with a member of the Parish Council or the Rector. All incidents (accident, injury etc) should be reported which can be done via <https://www.isopro.info/Anglicare/Public/PAP.aspx?fmid=28> and the Rector/Churchwardens can assist with this process.

Acknowledgements

Liturgical text in this order of service is from A Prayer Book for Australia (© 1995, Broughton Books) used by permission and some excerpts from *Common Worship: Services and Prayers for the Church of England (2000)* (including the Psalter as published with *Common Worship*) copyright © 2000 The Archbishops' Council; Bible readings The New Revised Standard Version (Nashville, TN: Thomas Nelson Publishers).

Front cover: Good Shepherd Window from St Paul's Manuka.

THIS WEEK'S LITURGIES

AT ST PAUL'S CHURCH, MANUKA

Sunday 8am Holy Eucharist/10am Choral Eucharist

Presiding - The Ven. John Gibson/ The Reverend Elaine Farmer

Preaching - The Reverend Sandie Kaine

Wednesday Eucharist 10am

AT ST DAVID'S CHURCH, RED HILL

Sunday 9am - Sung Eucharist

Presiding - The Reverend Canon John Campbell

Preaching - The Reverend Alipate Tuineau

Thursday Eucharist 10am

IN OUR PRAYERS

Year's Mind: Edward H. Yelland (19 March 1937) ; Vaino Partel (20 March 1987).

Those who have asked for our prayers: Howard Crozier, Stephen Dawkins, Neil Graham, Bob Webb, Judith Webb, Pam Wright.

Prayer Cycles

Anglican Communion: Hong Kong Sheng Kung Hui

Australia: Diocese of Sydney

Our Diocese: Parish of St John's, Wagga Wagga; Wagga Wagga Base Hospital chaplaincy; St Martin's College; The Riverina Anglican College; Riverina Juvenile Justice Centre chaplaincy; and for the chaplaincy work in our hospitals, universities, colleges, schools, the workplace, prisons, Defence Forces, Emergency Services and Border Protection.

NOTICES

Flower Arrangers: If you would like to join St Paul's flower arranging team, please contact the coordinator, Mary Pollard, via the church office: office@stpaulsmanuka.org.au. Training will be provided.

CES Forum Cancellation: The CES Forum previously advertised for 25 March has been cancelled due to the Covid19 and our desire that everyone keep as well as possible at this time.

Fete Jam and Produce Stall: A big thank you to all who brought in jars and chutneys. We now have sufficient, so please don't bring in any more.

Parish Annual Meeting: 11.45am on Sunday 29 March This has been postponed until the current public health emergency situation is clearer.

Contact Details: Please send updated contact details to the Parish office (email preferred).

Financial Support: With the isolation of vulnerable parishioners and in the event that Sunday services are suspended as well as other fundraising activities, our Parish will come under significant financial hardship. This is because a significant portion of our giving is still taken from the plate in Church. Parishioners are urged to take up the option of direct transfer for giving purposes. Our account details for direct giving are:

BSB 702389 Account 05200454.

MESSAGE FROM THE RECTOR: COVID-19 CORONA VIRUS

Our Parish implemented changes to the administration of the Holy Communion in late February 2019. Since then protocols have been issued by the Bishop's office.

Holy Communion: until further notice, will be administered under one species (bread). The presiding priest alone will partake of the wine. Worshippers are reassured that this ancient practice of the Church conveys the full benefits of Holy Communion to those who receive it by faith.

Handshaking – especially at the Sign of Peace and at the church doors – is suspended and worshippers are asked to maintain good hygiene practice by washing hands and using sanitiser.

Caring for One Another: If you feel unwell, please do not attend services or other parish activities. We have many elderly people in our congregations as well as people with compromised auto-immune systems. Loving our neighbours as ourselves in this instance will mean avoiding our neighbour until we are well again.

In order to promote each other's well-being, activities in the parish involving high-risk groups (eg. seniors) and indoor propinquity will be suspended for the time being. This includes:

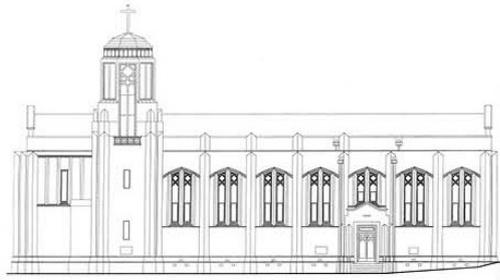
- the Handicrafts Group
- the Discovery Group
- study groups and Lent groups
- EfM
- nursing home visiting
- midday prayer
- Sunday Morning Refreshments are suspended.

Some other low-risk activities will continue for the time being (eg. Junior Choir) however members of these groups who are in high-risk categories are encouraged to self-select out of participation.

The Parish AGM scheduled for Sunday 29 March is postponed, with the Bishop's permission. A new date will be advertised once the current situation becomes clearer.

These actions are being taken in order to ensure that all parishioners feel at ease and that no one feels pressured or obliged to carry on, and to minimise the risk of infection.

Thank you for your understanding and co-operation.



S^T PAUL'S
ANGLICAN CHURCH
MANUKA
& S^T DAVID'S, RED HILL

PARISH CONTACT DETAILS

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