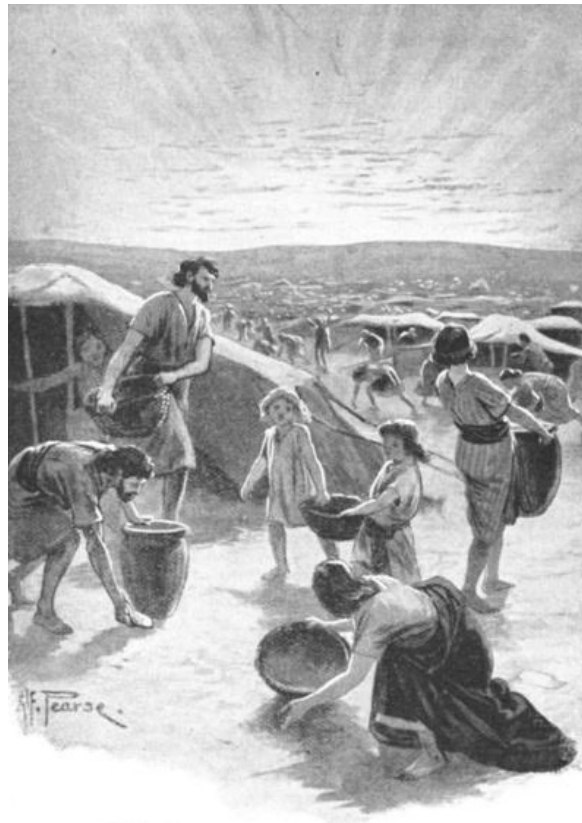


# ELEVENTH SUNDAY AFTER PENTECOST

9<sup>TH</sup> AUGUST 2015

ST PAUL'S: 8 & 10AM

ST DAVID'S: 8.30AM



*Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die.*

*John 6:47-50*

ST PAUL'S ANGLICAN CHURCH, MANUKA  
DIOCESE OF CANBERRA & GOULBURN

## WELCOME TO ST PAUL'S AND ST DAVID'S CHURCHES

Welcome! On behalf of the clergy and people of St Paul's Church, Manuka and St David's, Red Hill. A large-print version of this bulletin is available from the sidespeople and at St Paul's a hearing loop is installed in the first five rows. *Please silence all phones and pagers for our worship.*

**Visitors.** If you are visiting, let us know. We encourage you to stay after the service for coffee and fellowship in the Hall.

### LITURGICAL MINISTERS

8AM - ST PAUL'S	8.30AM - ST DAVID'S	10AM - ST PAUL'S
CELEBRANT	CELEBRANT	CELEBRANT
The Rev'd Susan Bridge	The Venerable Dr Brian Douglas	The Rev'd John Campbell
PREACHER	PREACHER	PREACHER
The Rev'd Susan Bridge	The Venerable Dr Brian Douglas	The Rev'd Susan Bridge
LITURGICAL ASSISTANT	LITURGICAL ASSISTANTS	DEACON
Wendy Lones	Duncan Anderson, Gillian King	The Rev'd Sandie Kaine
INTERCESSOR	INTERCESSOR	PRIEST ASSISTING
Clergy	Eleanor Scott-Findlay	The Venerable Dr Brian Douglas
READER	SIDESPEOPLE & READERS	LITURGICAL ASSISTANTS
Toni Clark	Glenn Rees, Beverley McLeod	Edwin Lowery, Robert Bailey, Helen Raymond, Andrew Waddell
SIDESPEOPLE	MORNING TEA	INTERCESSOR
Len Goodwin, Les Whaley	Patricia Mulcare, Caroline Shelton	Tony Ralli
BREAKFAST	ORGANIST	READERS
Rob & Christine May	Robert Goodrick	Edwin Lowery, Leanne Lowery
ORGANIST		SIDESPEOPLE
Mary Anne Neilsen		Neville & Joan Boston, Ian & Shirley Gollings
		MORNING TEA
		Fiona Bannerman, Waddell family
		ORGANIST
		James Porteous

### CONTACT DETAILS

Clergy	Phone	Email
The Venerable Dr Brian Douglas (Rector and Archdeacon of South Canberra)	6295 9009	rector@stpaulsmanuka.org.au
The Rev'd Susan Bridge (Assistant Priest)	6295 9144	manukachaplain@gmail.com
The Rev'd John Campbell (Warden, St David's Close and Associate Priest, Manuka)	0488 262 596	canonjcampbell@gmail.com
<b>St Paul's Director of Music</b>		
Matthew Stuckings	0404 136 959	matthew.stuckings@gmail.com
<b>Wardens</b>		
Robert Deane (St Paul's)	6288 9018	
Peter McDermott (St Paul's)	0411 055 458	peter.mcdermott@bigpond.com
Lorraine Litster (St David's)	6231 8873	
<b>Rector's wardens</b>		
Ingrid Moses (St Paul's)	6285 3743	ingrid.moses@canberra.edu.au
Duncan Anderson (St David's)	0429 327385	

### PARISH OFFICE

Open 9.30am - 1.30pm, Monday to Friday    Phone 6239 6148    Fax 6239 4079  
E-mail: office@stpaulsmanuka.org.au    Web: www.stpaulsmanuka.org.au  
PO Box 3417 Manuka ACT 2603    Office Administrator: Christina Erwin

Setting at 10am: (choir) Michael Dudman (1938-1994) *Parish eucharist*

# Gathering in God's Name

**INTROIT** at 10am: Richard Farrant (1530-1580) *Lord, for thy tender mercy's sake*

## **HYMN TIS 153**

**1. God is love, let heav'n adore him;**

God is love, let earth rejoice;  
let creation sing before him,  
and exalt him with one voice.  
God, who laid the earth's foundation,  
he who spread the heavens above,  
and who breathes through all creation,  
God is love, eternal Love.

**3 God is love, and, though with blindness**

sin afflicts our human hearts,  
God's eternal lovingkindness  
holding, guiding, grace imparts.  
Sin and death and hell shall never  
o'er us final triumph gain;  
God is love, so love for ever  
o'er the universe must reign.

**2 God is love, and gently enfolding**

all the world in one embrace,  
with unfailing grasp is holding  
every child of every race.  
And when human hearts are breaking  
under sorrow's iron rod,  
then they find that selfsame aching  
deep within the heart of God.

Words: Timothy Rees 1874–1939 *alt.*  
Tune: *Abbot's Leigh*

*The service continues on page 119.*

## **SENTENCE**

**B**e imitators of God, as beloved children, and live in love, as Christ loved us and gave himself  
up for us. *Ephesians 5:1–2*

## **COLLECT FOR THE DAY**

**G**rant, O Lord, that we may see in you the fulfillment of all our need, and may turn from  
every false satisfaction to feed on the true and living bread that you have given us in Jesus  
Christ; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

# The Ministry of the Word

## **A READING FROM 2 SAMUEL 18:5-9, 14, 31-33**

*Please be seated*

**T**HE king gave orders to Joab and Abishai and Ittai, saying, 'Deal gently for my sake with  
the young man Absalom.' And all the people heard when the king gave orders to all the  
commanders concerning Absalom. So the army went out into the field against Israel; and the  
battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants  
of David, and the slaughter there was great on that day, twenty thousand men. The battle spread  
over the face of all the country; and the forest claimed more victims that day than the sword.  
Absalom happened to meet the servants of David. Absalom was riding on his mule, and the  
mule went under the thick branches of a great oak. His head caught fast in the oak, and he was  
left hanging between heaven and earth, while the mule that was under him went on... Joab  
said, 'I will not waste time like this with you.' He took three spears in his hand, and thrust them  
into the heart of Absalom, while he was still alive in the oak... Then the Cushite came; and the

Cushite said, 'Good tidings for my LORD the king! For the LORD has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my LORD the king, and all who rise up to do you harm, be like that young man.' The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

For the word of the Lord,  
**thanks be to God.**

**PSALM 130** (*Said by the congregation in alternate verses at 8am, by all the congregation at 8.30am and led by the choir at 10am*)

1 Out of the depths have I called to you, O Lord:  
Lord, hear my voice;

2 **O let your ears consider well:  
the voice of my supplication.**

3 If you, Lord, should note what we do wrong:  
who then, O Lord, could stand?

4 **But there is forgiveness with you:  
so that you shall be feared.**

5 I wait for the Lord, my soul waits for him:  
and in his word is my hope.

6 **My soul looks for the Lord:  
more than watchmen for the morning, more, I say, than watchmen for the morning.**

7 O Israel, trust in the Lord, for with the Lord there is mercy:  
and with him is ample redemption.

8 **He will redeem Israel:  
from the multitude of their sins.**

**A READING FROM EPHESIANS 4:25 – 5:2**

**S**o then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

For the word of the Lord,  
**thanks be to God**

## HYMN — TIS 576

1 O for a closer walk with God,  
a calm and heavenly frame,  
a light to shine upon the road  
that leads me to the Lamb.

2 Where is the blessedness I knew  
when first I saw the Lord?  
Where is the soul-refreshing view  
of Jesus and his word?

3 What peaceful hours I once enjoyed,  
how sweet their memory still!  
But they have left an aching void  
the world can never fill.

Words: William Cowper 1731–1800 Tune: *Caithness*

4 Return, O holy dove, return,  
sweet messenger of rest!  
I hate the sins that made thee mourn,  
and drove thee from my breast.

5 The dearest idol I have known,  
whate'er that idol be,  
help me to tear it from thy throne  
and worship only thee.

6 So shall my walk be close with God,  
calm and serene my frame;  
so purer light shall mark the road  
that leads me to the Lamb.

## GOSPEL ACCLAMATION (10am only)

Choir: Alleluia, alleluia, alleluia

Congregation: **Alleluia, alleluia, alleluia**

Choir: I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

Congregation: **Alleluia, alleluia, alleluia**

## THE HOLY GOSPEL — JOHN 6:35, 41-51

The Gospel of our Lord Jesus Christ according to John

✠Glory to you, ✠Lord Jesus ✠Christ

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty... Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

For the gospel of the Lord  
**praise to you Lord Jesus Christ.**

**THE SERMON - ST PAUL'S - THE REV'D SUSAN BRIDGE**

**- ST DAVID'S - THE VENERABLE DR BRIAN DOUGLAS**

*A brief period of silence is observed for reflection on the sermon.*

**THE NICENE CREED - Page 123**

**The PRAYERS OF THE PEOPLE - Page 124**

## THE CONFESSION AND ABSOLUTION - Page 126

## THE GREETING OF PEACE - Page 127

### ANNOUNCEMENTS

**OFFERTORY HYMN — TIS 535** (*During the singing of this hymn, the gifts of bread, wine and money are brought to the altar*)

1 'I am the Bread of life.

Those who come to me shall not hunger;  
those who believe in me shall not thirst.

No one can come to me  
unless the Father draws them.

*'And I will raise them up,  
and I will raise them up,  
and I will raise them up  
at the last day.'*

2 'The bread that I will give  
is my flesh for the life of the world,  
and those who eat this bread  
they shall live for ever,  
they shall live for ever.

*'And I will raise them up, ...*

3 'Unless you eat  
of the flesh of the Son of Man  
and drink of his blood,  
and drink of his blood,  
you shall not have life within you.

*'And I will raise you up,  
and I will raise you up,  
and I will raise you up  
at the last day.'*

4 'I am the Resurrection,  
I am the life.  
those who believe in me;  
even though they die  
they shall live for ever.

*'And I will raise them up,  
and I will raise them up,  
and I will raise them up  
at the last day.'*

5 Yes, Lord, I believe  
that you are the Christ,  
the Son of God,  
who have come  
into the world.

*'And I will raise them up, ...*

Words: Suzanne Toolan 1927- . alt. Tune: *I am the bread of life*  
LicenSing licence No: 620243 (St Paul's), 621476 (St David's)

### OFFERTORY PRAYERS

## THE GREAT THANKSGIVING - Page 128

**COMMUNION** (at 10am: choir: Richard Farrant *Hide thou not thy face*)

## PRAYER AFTER COMMUNION - Page 143-144

### BLESSING - Page 144

#### HYMN — TIS 650

1. Brother, sister, let me serve you,  
let me be as Christ to you;  
pray that I may have the grace to  
let you be my servant too.

2 We are pilgrims on a journey  
and companions on the road;  
we are here to help each other  
walk the mile and bear the load.

3 I will hold the Christ-light for you  
in the night-time of your fear;  
I will hold my hand out to you,  
speak the peace you long to hear.

4 I will weep when you are weeping;  
when you laugh I'll laugh with you;  
I will share your joy and sorrow  
till we've seen this journey through.

**5 When we sing to God in heaven  
we shall find such harmony,  
born of all we've known together  
of Christ's love and agony.**

Words: Richard Gillard 1953- . Tune: *Servant Song*. CCLI Licence 286646 (St Paul's) 286653 (St David's)

**6 Brother, sister, let me serve you,  
let me be as Christ to you;  
pray that I may have the grace to  
let you be my servant too.**

## DISMISSAL

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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*Please remember in your prayers: The Sick: David Bond, Monica Freeman, Andrew Livingston, Barbara Osborne.*

*To add a name, call or email the parish office. The person's permission is required. Names remain on the prayer list for four Sundays only, unless the parish office is advised otherwise.*

*Pastoral visits for the sick. Please let the Parish office know if you know of someone who is sick who may appreciate a pastoral visit.*

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Text from *A Prayer Book for Australia* (© 1995, Broughton Books,) , The Anglican Church of Australia Trusts Corporation. Psalm texts are from *The Liturgical Psalter, Inclusive Language Version* © David L. Frost, John A. Emerton, Andrew A. Macintosh, used with permission. Hymns, some of which are copyright, are from *Together in Song* (Sydney: HarperCollinsReligious, 1999). Unauthorised copying of copyrighted hymns is prohibited. Bible readings *The New Revised Standard Version* (Nashville, TN: Thomas Nelson Publishers, 1989). Cover Illustration: <http://st-takla.org/Gallery/>

## News and Announcements

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*To add a notice, email or call the Parish Office by 1.30pm on the **Tuesday** before the notice is to appear.*

**Mondays 8.30am.** Morning Prayer in the Mollison Room. All welcome. Combine with the mindfulness walk or not as you prefer. Mindfulness walk now Mondays at 9am. Meet in the Mollison Room.

**Igitur Nos Chamber Choir**, conducted by our director of music Matthew Stuckings, will present a free concert *Angel Voices: music to make you swoon today* at 2pm at the Canberra Girls' Grammar School Chapel. The concert will feature Bach's Cantata 106 (*Actus Tragicus*) and an array of favourite works by Stanford, Howells, Rutter, Tavener, Lauridsen, Whitacre and others. No bookings necessary, exit by donation.

**Choral Evensong** to be sung by St Paul's choir will be at 6pm, **Sunday 16<sup>th</sup> August** at St Paul's.

**Discovery Group** invites you to its next meeting on Wednesday **19<sup>th</sup> August**. We will meet in the Mollison Room from 10.30 am to 12 noon. This month's guest speaker will be a Red Cross representative who will discuss what preparation is required when confronted with an emergency situation. We welcome you to join us for another interesting session.

**Walking Group: 22<sup>nd</sup> August.** The Lake & History. An easy walk from Kingston to old National Library/Anglican Cathedral sites); then amble along the foreshore from the High Court to the Japanese Nara Park/new Chinese Gardens; return via the Hyatt Hotel/Old Parliament House and the foreshore from the National Gallery of Australia to Kingston. Coffee to follow (2 hr, flat walk with historical interest) Meet at 9.15am in the Glassworks Carpark. Contact: Kay/Eddie Braggett Tel: 6232 7927

**AOA Fork & Talk Sunday 23<sup>rd</sup> August** commencing at 12 noon. The Rev'd Dr Bob Mitchell, CEO of AOA, will talk about the important work of his agency. Bring a plate to share. Punch supplied. Donation: \$15/head, \$40 family. Funds raised will go to the AOA. Contact Les Böhm to reserve a seat: 61614963, mobile 0407031736 or [les.bohm@gmail.com](mailto:les.bohm@gmail.com).

**Mission Without Borders.** Interested in helping the abject poor in Eastern Europe? Knit now. Such items as jumpers, beanies, scarves and bed socks, will be distributed ready for the cold winter weather in countries like Moldova and Ukraine. Children, aged 3 - 18 years, in the Children's homes often have disabilities as well as poor family backgrounds. Donations of wool, needles and sewing needs are also welcome. For further information contact Christine Bollen, phone 6282 2210.

**Susan's Farewell.** The Rector is proposing that a farewell to Susan be held after Evensong on Sunday **20<sup>th</sup> September**. Parishioners are asked to bring a plate. Drinks will be supplied.

**Susan's Farewell Gift.** As a token of our appreciation of Susan's ministry amongst us, parishioners are invited to contribute towards a farewell gift. Please place this on the collection plate in an envelope marked "Susan's farewell gift". The gift will be presented to Susan on 20<sup>th</sup> September at her farewell.

**Emergency appeal.** ABM has launched an Emergency Appeal for the people of Myanmar (Burma) who have been affected by recent flooding. In addition, Cyclone Komen, which has just hit the country, has meant that four regions in the west of Myanmar have now been declared disaster zones. ABM is working directly with the Church in the Province of Myanmar (CPM) and is aiming to raise \$50,000 in order to provide emergency relief. More information is available on the website at [www.abmission.org/myanmar-flood](http://www.abmission.org/myanmar-flood) . Flyers are available at the back of the church.

**CMS Canberra Goulburn annual dinner** will be held at Christ Church, Hawker (Corner of Betaloo St. & Hawker Place) on Friday **28<sup>th</sup> August**, 6.30pm. Cost: \$25 (RSVP by 20<sup>th</sup> August). The topic will be *Mission in the Mirror: Islam*. The speakers are Steve Sonneman and John Bales who share 30 years of ministry with CMS in Pakistan. Bookings see [www.cms.org.au/canberradinner](http://www.cms.org.au/canberradinner).

**NEXT SUNDAY – 16<sup>TH</sup> AUGUST - MARY, MOTHER OF THE LORD**

**LECTIONARY TEXTS:** Isaiah 61:10- 62:3; Song of Mary (APBA p. 31); Galatians 4:4-7; Luke 2:1-7

**8AM - ST PAUL'S**

**8.30AM - ST DAVID'S**

**10AM - ST PAUL'S**

CELEBRANT

The Rev'd Susan Bridge

PREACHER

The Venerable Dr Brian Douglas

LITURGICAL ASSISTANT

Anne Maybanks

INTERCESSOR

Rob May

READER

Peter McDermott

SIDESPEOPLE

Peter & Heather McDermott

BREAKFAST

Iorie & Jeanette Evans

ORGANIST

Colleen Rai-Gerrard

CELEBRANT

The Rev'd John Campbell

PREACHER

The Rev'd John Campbell

LITURGICAL ASSISTANTS

The Rev'd Jill Elliot,

Peter Morris

INTERCESSOR

Heather Schmitzer

SIDESPEOPLE & READERS

Alexandra Morris,

Diana Carroll

MORNING TEA

Lilian Lander, Gwen Benson

ORGANIST

Robert Goodrick

CELEBRANT

The Rev'd Susan Bridge

PREACHER

The Venerable Dr Brian Douglas

DEACON

The Rev'd Sandie Kaine

PRIEST ASSISTING

The Rev'd Hartley Hansford

LITURGICAL ASSISTANTS

Edwin Lowery, Peter Cumines,  
Roni Corne, Naresh Gunasekere

INTERCESSOR

Lynette Glendinning

READERS

Tony Gay, Helen Raymond

SIDESPEOPLE

Tony Gay, Alec & Ann Lazenby,  
Roz Bruhn

MORNING TEA

Sisson family

ORGANIST

James Porteous