

TENTH SUNDAY AFTER PENTECOST

2ND AUGUST 2015

ST PAUL'S: 8 & 10AM

ST DAVID'S: 8.30AM



Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

John 6:35

ST PAUL'S ANGLICAN CHURCH, MANUKA
DIOCESE OF CANBERRA & GOULBURN

WELCOME TO ST PAUL'S AND ST DAVID'S CHURCHES

Welcome! On behalf of the clergy and people of St Paul's Church, Manuka and St David's, Red Hill. A large-print version of this bulletin is available from the sidespeople and at St Paul's a hearing loop is installed in the first five rows. *Please silence all phones and pagers for our worship.*

Visitors. If you are visiting, let us know. We encourage you to stay after the service for coffee and fellowship in the Hall.

LITURGICAL MINISTERS

8AM - ST PAUL'S	8.30AM - ST DAVID'S	10AM - ST PAUL'S	
CELEBRANT	CELEBRANT	CELEBRANT	
The Rev'd Susan Bridge	The Rev'd John Campbell	The Rev'd Hartley Hansford	
PREACHER	PREACHER	PREACHER	
The Venerable Dr Brian Douglas	The Rev'd John Campbell	The Venerable Dr Brian Douglas	
LITURGICAL ASSISTANT	LITURGICAL ASSISTANTS	DEACON	
Anne Maybanks	Peter Morris, Adrian Dennison	The Rev'd Sandie Kaine	
INTERCESSOR	INTERCESSOR	PRIEST ASSISTING	
Rob May	Amanda Lynch	The Rev'd John Moses	
READER	SIDESPEOPLE & READERS	LITURGICAL ASSISTANTS	
Claudia Hyles	Eleanor Scott-Findlay, Cate Evans	Ian MacDiarmid, Helen Raymond, Tony Ralli, Naresh Gunasekere	
SIDESPEOPLE	MORNING TEA	INTERCESSOR	
Robyn Schleiger	Pat Garnett, Beverley McLeod	Clergy	
BREAKFAST	ORGANIST	READERS	
Rob & Christine May	Robert Goodrick	Lynette Glendinning, Beth Lee	
ORGANIST		SIDESPEOPLE	
TBA		Lesley Jemesen, Margaret Hansford, Philip Christie, Jocelyne McLeod	
		MORNING TEA	
		David Henry, Violet Turner, Pauline Emmott	
		ORGANIST	TRUMPET
		Chris Erskine	Zach Raffan

CONTACT DETAILS

Clergy	Phone	Email
The Venerable Dr Brian Douglas (Rector and Archdeacon of South Canberra)	6295 9009	rector@stpaulsmanuka.org.au
The Rev'd Susan Bridge (Assistant Priest)	6295 9144	manukachaplain@gmail.com
The Rev'd John Campbell (Warden, St David's Close and Associate Priest, Manuka)	0488 262 596	canonjcampbell@gmail.com
St Paul's Director of Music		
Matthew Stuckings	0404 136 959	matthew.stuckings@gmail.com
Wardens		
Robert Deane (St Paul's)	6288 9018	
Peter McDermott (St Paul's)	0411 055 458	peter.mcdermott@bigpond.com
Lorraine Litster (St David's)	6231 8873	
Rector's wardens		
Ingrid Moses (St Paul's)	6285 3743	ingrid.moses@canberra.edu.au
Duncan Anderson (St David's)	0429 327385	
PARISH OFFICE		
Open 9.30am - 1.30pm, Monday to Friday	Phone 6239 6148	Fax 6239 4079
E-mail: office@stpaulsmanuka.org.au	Web: www.stpaulsmanuka.org.au	
PO Box 3417 Manuka ACT 2603	Office Administrator: Christina Erwin	

Setting at 10am: (choir) John Barrett (1916-1983) *St Paul's Service*

Gathering in God's Name

INTROIT at 10am: Claudio Monteverdi (1567-1643) *Deus, in adiutorium* from *Vespers* (1610) *Deus, in adiutorium meum intende. Domine, ad adjuvandum me festina. Gloria Patri et Filio et Spiritui Sancto, sicut erat in principio et nunc et semper et in saecula saeculorum. Amen. Alleluia.* O God, come to my aid. O Lord, make haste to help me. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

HYMN TIS 134

- | | |
|--|--|
| <p>1 Praise, my soul, the king of heaven;
to his feet your tribute bring;
ransomed, healed, restored, forgiven,
who like me his praise should sing?
Praise him, praise him, hallelujah,
praise the everlasting king!</p> <p>2 Praise him for his grace and favour
to his people in distress;
praise him still the same for ever,
slow to chide and swift to bless:
praise him, praise him, hallelujah,
glorious in his faithfulness!</p> | <p>3 Father like he tends and spares us;
well our feeble frame he knows;
in his hands he gently bears us,
rescues us from all our foes:
praise him, praise him, hallelujah,
widely as his mercy flows!</p> <p>5 Angels, help us to adore him,
you behold him face to face;
sun and moon, bow down before him,
dwellers all in time and space:
praise him, praise him, hallelujah,
praise with us the God of grace!</p> |
|--|--|

Words: Henry Francis Lyte 1793-1847 *alt.* based on Psalm 103. Tune: *Praise, my soul*

The service continues on page 119.

SENTENCE

Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Eat what is good, and delight yourselves in rich food. *Isaiah 55:2*

COLLECT FOR THE DAY

Living God, whose Son Jesus fed the hungry with the bread of his life and the word of his kingdom: renew your people with your heavenly grace, and in all our weakness sustain us with your true and living bread, Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Ministry of the Word

A READING FROM 2 SAMUEL 11:26 – 12:13A

Please be seated

WHEN the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. And the LORD sent Nathan to David. He came to him, and said to him, 'There were two men in a certain city, one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him.' Then David's anger was greatly kindled against the man. He said to Nathan, 'As the LORD

lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity.' Nathan said to David, 'You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.' David said to Nathan, 'I have sinned against the LORD.' Nathan said to David, 'Now the LORD has put away your sin; you shall not die.'

For the word of the Lord,
thanks be to God.

PSALM 51:1-12 (*Said by the congregation in alternate verses at 8am, by all the congregation at 8.30am and led by the choir at 10am*)

- 1 Have mercy on me, O God, in your enduring goodness:
according to the fullness of your compassion blot out my offences.
- 2 **Wash me thoroughly from my wickedness:
and cleanse me from my sin.**
- 3 For I acknowledge my rebellion:
and my sin is ever before me.
- 4 **Against you only have I sinned and done what is evil in your eyes:
so you will be just in your sentence and blameless in your judging.**
- 5 Surely in wickedness I was brought to birth:
and in sin my mother conceived me.
- 6 **You that desire truth in the inward parts:
O teach me wisdom in the secret places of the heart.**
- 7 Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.
- 8 **Make me hear of joy and gladness:
let the bones which you have broken rejoice.**
- 9 Hide your face from my sins:
and blot out all my iniquities.
- 10 **Create in me a clean heart, O God:
and renew a right spirit within me.**
- 11 Do not cast me out from your presence:
do not take your holy spirit from me.
- 12 **O give me the gladness of your help again:
and support me with a willing spirit.**

A READING FROM EPHESIANS 4.1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love,

making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

For the word of the Lord,
thanks be to God

HYMN — TIS 430

1. **Your words to me are life and health;
pour strength into my soul;
enable, guide, and teach my heart
to reach its perfect goal.**
2. **Your words to me are light and truth;
from day to day they show
their wisdom, passing human thought,
as in their truth I grow.**
3. **Your words to me are full of joy,
of beauty, peace, and grace;
from them I learn your blessed will,
through them I see your face.**
4. **Your words are perfected in One,
yourself, the living Word;
within my heart your image print
in clearest lines, O Lord.**

Words: George Currie Martin 1865–1937 *alt.* Tune: *Capel*

GOSPEL ACCLAMATION (10am only)

Choir: Alleluia, alleluia, alleluia

Congregation: **Alleluia, alleluia, alleluia**

Choir: We do not live on bread alone, but on every word that comes from the mouth of God.

Congregation: **Alleluia, alleluia, alleluia**

THE HOLY GOSPEL — JOHN 6:24-35

The Gospel of our Lord Jesus Christ according to John

✠Glory to you, ✠Lord Jesus ✠Christ

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it

is written, "He gave them bread from heaven to eat." Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.' Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

For the gospel of the Lord
praise to you Lord Jesus Christ.

THE SERMON - ST PAUL'S - THE VENERABLE DR BRIAN DOUGLAS

- ST DAVID'S - THE REV'D JOHN CAMPBELL

A brief period of silence is observed for reflection on the sermon.

THE NICENE CREED - Page 123

The PRAYERS OF THE PEOPLE - Page 124

THE CONFESSION AND ABSOLUTION - Page 126

THE GREETING OF PEACE - Page 127

ANNOUNCEMENTS

OFFERTORY HYMN — TIS 499 (*During the singing of this hymn, the gifts of bread, wine and money are brought to the altar*)

- | | |
|--|--|
| <p>1 Lord Jesus, joy of loving hearts,
true fount of life, our lives sustain,
from any bliss that earth imparts
we turn unfilled to you again.</p> <p>2 Your truth unchanged has ever stood,
you save all those who on you call,
to those yet seeking you are good,
to those who find you, all in all.</p> <p>3 We taste you, Lord, the living bread,
and long to feast upon you still,
we drink of you, the fountainhead,
and thirst our souls from you to fill.</p> | <p>4 For you our restless spirits yearn,
whatever comes, until the last,
glad when your presence we discern,
blest when our faith can hold you fast.</p> <p>5 For ever, Jesus, with us stay,
make all our moments calm and bright,
chase the dark night of sin away,
shed on this world your holy light.</p> |
|--|--|

Words: Anon., Latin, 12th cent. *tr.* Ray Palmer 1808-87 *alt.*
Tune: *Hereford*

OFFERTORY PRAYERS

THE GREAT THANKSGIVING - Page 128

COMMUNION (at 10am: choir: Giuseppe Pitoni (1657-1743) *Cantate Domino*

Cantate Domino canticum novum; laus ejus in ecclesia sanctorum. Laetetur Israel in eo qui fecit eum, et filii Sion exsultent in rege suo.

O sing unto the Lord a new song: let the congregation of saints praise him. Let Israel rejoice in him that made him: and let the children of Sion be joyful in their King. [Ps. 149]

PRAYER AFTER COMMUNION - Page 143-144

BLESSING - Page 144

HYMN — TIS 569

1 Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

2 Open now the crystal fountain
whence the living waters flow:
let the fiery, cloudy pillar
lead me all my journey through:
strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.

3 When I tread the verge of Jordan
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises
I will ever give to thee,
I will ever give to thee.

Words: William Williams 1717-91 tr. Peter Williams 1722-96
and William Williams *alt.* Tune: *Cwm Rhondda*

DISMISSAL

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Please remember in your prayers: The Sick: David Bond, Judy Dau, Monica Freeman, Andrew Livingston, Barbara Osborne. The Departed: Katherine Engel. Anniversaries: Larissa Campbell. To add a name, call or email the parish office. The person's permission is required. Names remain on the prayer list for four Sundays only, unless the parish office is advised otherwise.

Text from *A Prayer Book for Australia* (© 1995, Broughton Books.), The Anglican Church of Australia Trusts Corporation. Psalm texts are from *The Liturgical Psalter, Inclusive Language Version* © David L. Frost, John A. Emerton, Andrew A. Macintosh, used with permission. Hymns, some of which are copyright, are from *Together in Song* (Sydney: HarperCollinsReligious, 1999). Unauthorised copying of copyrighted hymns is prohibited. Bible readings *The New Revised Standard Version* (Nashville, TN: Thomas Nelson Publishers, 1989). Cover photo. © Christina Erwin

News and Announcements

*To add a notice, email or call the Parish Office by 1.30pm on the **Tuesday** before the notice is to appear.*

Mondays 8.30am. Morning Prayer in the Mollison Room. All welcome. Combine with the mindfulness walk or not as you prefer. Mindfulness walk now Mondays at 9am. Meet in the Mollison Room.

Tapestry/Handicraft Group will meet at the home of Jenny Hodge on Wednesday 5th August commencing at 2pm. The address is 108/19 State Circle, Forrest and telephone number 6161 3864.

Women's Fellowship meets on Thursday 6th August at 11.30am in the Mollison Room. BYO lunch.

Walking Group August 8th – Substitute Walk - Three Northern Nature Parks. The walk starts at the Black Mountain Reserve Car Park (Ref Map 18 1F). From there we walk through Aranda Bushland, Mt Painter and Pinnacles Nature Parks to finish at the southeast corner (Q16) on Map 9, taking in the bushland, undulations and panoramas along the way. Distance is approx. 8k, all on access roads or well-worn tracks. We'll have morning tea on the walk and lunch at Strathnairn Art Gallery (TBC). Meet at the corner of Drake Brockman and William Hovell Drives (Ref Map 9 Q16) at 0900 for a shuttle to the starting point. Leader: David Henry; M: 0413 265 652 or davehen22@gmail.com. Please call or message your participation.

Tapestry/handicraft Group will meet at the home of Jenny Hodge on Wednesday 5th August commencing at 2.00pm. The address is 108/19 State Circle, Forrest and telephone number 6161 3864.

Igitur Nos Chamber Choir, conducted by our director of music Matthew Stuckings, will present a free concert *Angel Voices: music to make you swoon* next Sunday, **9th August**, at 2pm at the Canberra Girls' Grammar School Chapel. The concert will feature Bach's Cantata 106 (*Actus Tragicus*) and an array of favourite works by Stanford, Howells, Rutter, Tavener, Lauridsen, Whitacre and others. No bookings necessary, exit by donation.

AOA Fork & Talk Sunday **23rd August** commencing at 12 noon. The Rev'd Dr Bob Mitchell, CEO of AOA, will talk about the important work of his agency. Bring a plate to share. Punch supplied. Donation: \$15/head, \$40 family. Funds raised will go to the AOA. Contact Les Böhm to reserve a seat: 61614963, mobile 0407031736 or les.bohm@gmail.com.

Mission Without Borders. Interested in helping the abject poor in Eastern Europe? Knit now. Such items as jumpers, beanies, scarves and bed socks, will be distributed ready for the cold winter weather in countries like Moldova and Ukraine. Children, aged 3 - 18 years, in the Children's homes often have disabilities as well as poor family backgrounds. Donations of wool, needles and sewing needs are also welcome. For further information contact Christine Bollen, phone 6282 2210.

Rose Pruning and Care - We need someone to take on the responsibility of the rose garden near the hall steps. Neville and Joan Boston are regrettably unable to continue with this task and would appreciate offers to take over. Please contact Christina at the Office.

Susan's Farewell. The Rector is proposing that a farewell to Susan be held after Evensong on Sunday **20th September**. Parishioners are asked to bring a plate. Drinks will be supplied.

Susan's Farewell Gift. As a token of our appreciation of Susan's ministry amongst us, parishioners are invited to contribute towards a farewell gift. Please place this on the collection plate in an envelope marked "Susan's farewell gift". The gift will be presented to Susan on 20th September at her farewell.

NEXT SUNDAY – 9TH AUGUST - ELEVENTH SUNDAY AFTER PENTECOST

LECTIONARY TEXTS: 2 Samuel 18:5-9, 14, 31-33; Psalm 130; Ephesians 4:25 – 5:2; John 6:35, 41-51

8AM - ST PAUL'S

8.30AM - ST DAVID'S

10AM - ST PAUL'S

CELEBRANT

The Rev'd Robert Willson

PREACHER

The Rev'd Susan Bridge

LITURGICAL ASSISTANT

Wendy Lones

INTERCESSOR

Clergy

READER

Toni Clark

SIDESPEOPLE

Len Goodwin, Les Whaley

BREAKFAST

Rob & Christine May

ORGANIST

Mary Anne Neilsen

CELEBRANT

The Venerable Dr Brian Douglas

PREACHER

The Venerable Dr Brian Douglas

LITURGICAL ASSISTANTS

Duncan Anderson, Gillian King

INTERCESSOR

Eleanor Scott-Findlay

SIDESPEOPLE & READERS

Glenn Rees, Beverley McLeod

MORNING TEA

Patricia Mulcare,

Caroline Shelton

ORGANIST

Robert Goodrick

CELEBRANT

The Rev'd John Campbell

PREACHER

The Rev'd Susan Bridge

DEACON

The Rev'd Sandie Kaine

PRIEST ASSISTING

The Venerable Dr Brian Douglas

LITURGICAL ASSISTANTS

Edwin Lowery, Robert Bailey,
Helen Raymond, Andrew Waddell

INTERCESSOR

Tony Ralli

READERS

Edwin Lowery, Leanne Lowery

SIDESPEOPLE

Neville & Joan Boston,

Ian & Shirley Gollings

MORNING TEA

Fiona Bannerman, Waddell family

ORGANIST

James Porteous