

# FOURTH SUNDAY OF PENTECOST

6<sup>TH</sup> JULY 2014

ST PAUL'S: 8 & 10AM

ST DAVID'S 8.30 AM



*'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'*

*Matthew 11:28-30*

ST PAUL'S ANGLICAN CHURCH, MANUKA  
ST DAVID'S CHURCH, RED HILL  
DIOCESE OF CANBERRA & GOULBURN

## WELCOME TO ST PAUL'S AND ST DAVID'S CHURCHES

**W**elcome! On behalf of the clergy and people of St Paul's Church, Manuka and St David's, Red Hill. A large-print version of this bulletin is available from the sidespeople and at St Paul's a hearing loop is installed in the first five rows. *Please silence all phones and pagers for our worship.*

**Visitors.** If you are visiting, let us know. We encourage you to stay after the service for coffee and fellowship in the Hall.

### LITURGICAL MINISTERS

#### 8AM - ST PAUL'S

CELEBRANT  
The Rev'd Susan Bridge

PREACHER  
The Rev'd Susan Bridge

LITURGICAL ASSISTANT  
Anne Maybanks

INTERCESSOR  
Rob May

READER  
Claudia Hyles

SIDESPEOPLE  
Nancy King, Robyn Schleiger

BREAKFAST  
Rob & Christine May

ORGANIST  
Mary Anne Neilsen

#### 8.30AM - ST DAVID'S

CELEBRANT & PREACHER  
The Venerable John Gibson

LITURGICAL ASSISTANTS  
Peter Morris,  
Heather Schmitzer

INTERCESSOR  
Eleanor Scott-Findlay

SIDESPEOPLE & READERS  
John Mather, Irene Mather

MORNING TEA  
Lilian Lander

ORGANIST  
Robert Goodrick

#### 10AM - ST PAUL'S

CELEBRANT  
The Rev'd Hartley Hansford

PREACHER  
The Rev'd Susan Bridge

DEACON  
The Rev'd Susan Bridge

PRIEST ASSISTING  
The Venerable John Gibson

LITURGICAL ASSISTANTS  
Ian MacDiarmid, Robert Bailey,  
Tony Ralli, Christopher Deane

INTERCESSOR  
Matthew Stuckings

READERS  
Catherine Bohm, Christopher Deane

SIDESPEOPLE  
Lesley Jemesen, Margaret Hansford,  
Diana Colman, Philip Christie

MORNING TEA  
David Henry, Violet Turner,  
Pauline Emmott

ORGANIST  
Chris Erskine

### CONTACT DETAILS

Clergy	Phone	Email
The Rev'd Dr Brian Douglas	6295 9009	rector@stpaulsmanuka.org.au
The Rev'd Susan Bridge	6295 9144	manukachaplain@gmail.com
The Rev'd Kevin Stone	6282 3339	stlukes@deakinanglican.com.au
<b>St Paul's Director of Music</b>		
Matthew Stuckings	0404 136 959	matthew.stuckings@gmail.com
<b>Wardens</b>		
Robert Deane (St Paul's)	6288 9018	
Peter McDermott (St Paul's)	0411 055 458	peter.mcdermott@bigpond.com
Lorraine Litster (St David's)	6231 8873	
<b>Rector's wardens</b>		
Ingrid Moses (St Paul's)	6285 3743	ingrid.moses@canberra.edu.au
Duncan Anderson (St David's)	0429 327385	

#### PARISH OFFICE

Open 9.30am - 1.30pm, Monday to Friday Phone 6239 6148 Fax 6239 4079  
E-mail: office@stpaulsmanuka.org.au Web: www.stpaulsmanuka.org.au  
PO Box 3417 Manuka ACT 2603 Office Administrator: Christina Erwin

# Gathering in God's Name

**INTROIT (10AM ONLY - CHOIR)** Thomas Mudd (1560-1632) *Let thy merciful ears*

## **HYMN — TIS 432**

- |  |  |
|--|--|
| <p><b>1</b> Christ is made the sure foundation,<br/>Christ the head and cornerstone,<br/>chosen by the Lord, and precious,<br/>binding all the church in one,<br/>holy Zion's help for ever,<br/>and her confidence alone.</p> <p><b>2</b> All that dedicated city,<br/>dearly loved by God on high,<br/>in exultant jubilation<br/>pours perpetual melody,<br/>God the Three in One adoring,<br/>praising him eternally.</p> <p><b>3</b> Here among us, where we call you<br/>come, O Lord our God, today;<br/>with your gentle lovingkindness<br/>hear your people as we pray,<br/>and your fullest benediction<br/>pour upon us here today.</p> | <p><b>4</b> Here bestow on all your people<br/>what we ask of you to gain,<br/>what we gain from you for ever<br/>with the blessed to retain,<br/>and hereafter in your glory<br/>evermore with you to reign.</p> <p><b>5</b> Praise and honour to the Father,<br/>praise and honour to the Son,<br/>praise and honour to the Spirit,<br/>ever Three and ever One,<br/>one in might and one in glory<br/>while eternal ages run.</p> |
|--|--|

Words: *Urbs beata Hierusalem*, Latin, c. 7<sup>th</sup> cent. tr. John Mason Neale 1818-66 alt. Tune: *Westminster Abbey*

*The service continues as normal*

## **SENTENCE (8.30 AM)**

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest,’ says the Lord. ‘Take my yoke upon you, and learn from me; for I am gentle and humble in heart.’  
*Matthew 11:28-29*

## **COLLECT FOR THE DAY**

**A**lmighty God, your Son Jesus Christ has taught us that what we do for the least of his brothers and sisters we do also for him: give us the will to serve others as he was the servant of all, who gave up his life and died for us; yet lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

# The Ministry of the Word

## **A READING FROM GENESIS 24:34-38,42-49,58-67**

*Please be seated*

**S**o he said, ‘I am Abraham’s servant. The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master’s wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, “You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father’s house, to my kindred, and get a wife for my son.” ... ‘I came today to the spring, and said, “O LORD, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, ‘Please give me a little water from your jar to drink,’ and who will say to me, ‘Drink, and I will draw for your camels also’ – let her be the woman whom the LORD has appointed for my master’s son.” ‘Before I had finished speaking

in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, "Please let me drink." She quickly let down her jar from her shoulder, and said, "Drink, and I will also water your camels." So I drank, and she also watered the camels. Then I asked her, "Whose daughter are you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the LORD, and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.' ... And they called Rebekah, and said to her, 'Will you go with this man?' She said, 'I will.' So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, 'May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.' Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.' So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

For the word of the Lord,  
**thanks be to God.**

**PSALM 45:10-17** (*Said by the congregation in alternate verses at 8 am, by all the congregation at 8.30am and sung by the choir at 10am*)

10 Hear, O daughter, consider and incline your ear:  
forget your own people and your father's house.

**11 The king desires your beauty:  
he is your lord, therefore bow down before him.**

12 The richest among the people, O daughter of Tyre:  
shall entreat your favour with gifts.

**13 The king's daughter is all glorious within:  
her clothing is embroidered cloth-of-gold.**

14 In robes of many colours she is led to you, O king:  
and, after her, the virgins that are with her.

**15 They are led with gladness and rejoicing:  
they enter the palace of the king.**

16 In place of your fathers you shall have sons:  
and make them princes over all the land.

**17 And I will make known your name to every generation:  
therefore the peoples shall give you praise for ever.**

#### **A READING FROM ROMANS 7:14-25**

**F**or we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a

law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

For the word of the Lord,  
**thanks be to God**

### **HYMN — TIS 427**

- |   |   |
|---|---|
| <p><b>1 Lord, your word abiding,<br/>and our footsteps guiding,<br/>gives us joy for ever,<br/>binds us all together.</b></p> <p><b>2 Who can tell the pleasure,<br/>who recount the treasure,<br/>by your word imparted<br/>to the simple-hearted?</b></p> | <p><b>3 Word of mercy, giving<br/>nourishment for living:<br/>word of life, supplying<br/>comfort for the dying.</b></p> <p><b>4 O that we, discerning<br/>its most holy learning,<br/>Lord, may love and fear you,<br/>evermore be near you.</b></p> |
|---|---|

Words: Henry Williams Baker 1821-77 *alt.* Tune: *Ravenshaw*

### **GOSPEL ACCLAMATION (10am only)**

*Choir:* Alleluia, alleluia

*Congregation:* Alleluia, alleluia

*Choir:* Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones the mysteries of the kingdom.

*Congregation:* Alleluia, alleluia

### **THE HOLY GOSPEL — MATTHEW 11:15-19, 25-30**

The Gospel of our Lord Jesus Christ according to Matthew

**✠Glory to you, ✠Lord Jesus ✠Christ**

**L**et anyone with ears listen! 'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.' ... At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

For the Gospel of the Lord:

**praise to you Lord Jesus Christ.**

**THE SERMON - THE REV'D SUSAN BRIDGE - ST PAUL'S**  
**- THE VENERABLE JOHN GIBSON - ST DAVID'S**

*A brief period of silence is observed for reflection on the sermon.*

## THE NICENE CREED - Page 123

## The PRAYERS OF THE PEOPLE - Page 124

## THE CONFESSION AND ABSOLUTION - Page 126

## THE GREETING OF PEACE - Page 127

### ANNOUNCEMENTS

**OFFERTORY HYMN — TIS 595** (*During the singing of this hymn, the gifts of bread, wine and money are brought to the altar*)

- 1 O Jesus, I have promised  
to serve you to the end;  
Lord be forever near me,  
my master and my friend;  
I shall not fear the battle  
if you are by my side,  
nor wander from the pathway  
if you will be my guide.
- 2 O let me feel you near me:  
The world is ever near;  
I see the sights that dazzle,  
and tempting sounds I hear;  
my foes are ever near me,  
around me and within;  
But Jesus, draw me nearer,  
and shield my soul from sin.
- 3 O let me hear you speaking  
in accents clear and still,  
above the storms of passion,  
the murmurs of self will;  
Lord, speak to reassure me,  
to chasten or control;  
O speak, and make me listen,  
true guardian of my soul.
- 5 Lord let me see your footmarks,  
and in them plant my own;  
that I may follow boldly  
and in your strength alone.  
O guide me, call me, draw me,  
uphold me to the end;  
and then in heaven receive me,  
my Saviour and my friend.

Words: John Ernest Bode 1816-74 Tune: *Wolvercote*

### OFFERTORY PRAYERS

## THE GREAT THANKSGIVING - Page 128

**COMMUNION** At 10am - *Cantate Domino* Giuseppe Pitoni (1657-1743)

*Cantate Domino canticum novum; laus ejus in ecclesia sanctorum.*

*Laetetur Israel in eo qui fecit eum, et filii Sion exsultent in rege suo.*

O sing unto the Lord a new song: let the congregation of saints praise him.

Let Israel rejoice in him that made him: and let the children of Sion be joyful in their King. [Ps. 149:1-2]

## PRAYER AFTER COMMUNION - Page 143

## BLESSING - Page 144

### HYMN — TIS 531

- 1 Sent forth by God's blessing, our true faith confessing,  
The people of God from His dwelling take leave.  
The supper ended. Oh, now be extended  
The fruits of this service in all who believe.  
The seed of His teaching, receptive souls reaching,  
Shall blossom in action for God and for all.  
His grace did invited us, His love shall unite us  
To work for God's kingdom and answer His call.

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**2 With praise and thanksgiving to God ever living,  
The tasks of our everyday life we will face.  
Our faith ever sharing, in love ever caring,  
Embracing His children of each tribe and race.  
With Your feast You feed us, with Your light now lead us;  
Unite us as one in this life that we share.  
Then may all the living with praise and thanksgiving  
Give honour to Christ and His name that we bear.**

Words: Omar Westendorf 1916 - alt. Tune: *The Ash Grove*. CCLI Licence no: 286646 (St Paul's), 286653 (St David's)

## **DISMISSAL**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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*Please remember in your prayers: The Sick: Ian Cameron, Luke Ehrensperger, Monica Freeman, Joyce Howe, Rosemary King, Trevor Lee, Sara Leites, Andrew Livingstone, Irene Mather, Ray Newman, Ella Nicholls, Barbara Osborne, Norma Rigby, Maria Soares.*

*To add a name, call or email the parish office. The person's permission is required.*

*Names remain on the prayer list for four Sundays only, unless the parish office is advised otherwise.*

***Pastoral visits for the sick.** Please let the Parish office know if you know of someone who is sick who may appreciate a pastoral visit.*

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Text from *A Prayer Book for Australia* (© 1995, Broughton Books), The Anglican Church of Australia Trusts Corporation. Psalm texts are from *The Liturgical Psalter, Inclusive Language Version* © David L. Frost, John A. Emerton, Andrew A. Macintosh, used with permission. Hymns, some of which are copyright, are from *Together in Song* (Sydney: HarperCollinsReligious, 1999). Unauthorised copying of copyrighted hymns is prohibited. Bible readings *The New Revised Standard Version* (Nashville, TN: Thomas Nelson Publishers, 1989). Cover illustration: ©: [http://www.123rf.com/profile\\_drobm/123RF](http://www.123rf.com/profile_drobm/123RF) Stock Photo</a>

## **News and Announcements**

*To add a notice, email or call the Parish Office by 1.30pm on the **Tuesday** before the notice is to appear.*

**Organ recital.** Today Mr Callum Close, organ scholar at Christ Church Cathedral, Newcastle, will give an organ recital at St Paul's at 11.30am. Free, with a retiring collection towards our music programme.

**Fork and Talk.** The fork and talk will be held in the St Paul's hall **today**. Bring a plate to share with family and friends. Punch, tea & coffee will be served. \$15/head, \$40 for a family. Please contact Ros Deane 62889018. Funds towards the Hall Restoration Fund.

**St Pauls Walking Group.** Next walk Saturday **12<sup>th</sup> July** - Kambah Pool to Pine Island. An invitation to all parishioners and friends to join us for a 9km ramble from Kambah Pool to Pine Island on the Centenary Trail on Saturday 12<sup>th</sup> July. Enjoy an undulating stroll on a graded path offering some lovely scenic views of the Murrumbidgee River and Red Rock Gorge. Also an opportunity to see part of Tuggeranong's historic Boundary Wall. If you're interested, please note that the Group is meeting at 8.30am in the Pine Island Reserve car park - for a car shuttle to the walk starting point at Kambah Pool. After the the walk, the Group will gather at the Tuggeranong Vikings Town Centre Club for a coffee and snack. For further information please contact the Walk Leader: John Holthouse: on 6231 4228, or mobile 0432 543 396.

**Meditation on Mondays** will begin on Monday **11<sup>th</sup> August** at St Alban's Anglican Church, 34 Chappell St, Lyons. Please contact Anthony Frost on 0409 012543 or [antfrost@hotmail.com](mailto:antfrost@hotmail.com) for further information.

**Retreat. August 25-27: Season of Mellow Fruitfulness.** A two-day retreat on ageing well at The Hermitage, Mittagong. In *Five Things to Fear*, poet Clarissa Pinkola Estes says, 'I have several fears I would like you to have. Fear these: Fear not loving while you have the chance. Fear becoming bitter. Fear cynicism. Fear turning to stone. Fear living underwhelmed by everything.' This retreat provides a gentle opportunity to contemplate how our senior years might be a season of 'growth' - growing

old, rather than simply getting old. For more information, ask Susan or contact the Rev'd Dr. Sarah Bachelard, Email: sarah.bachelard@gmail.com or mobile 0401009156.

**The Verandah needs shoppers.** The Verandah is in need of personal shoppers to buy supplies of non-perishable food items to supplement the generous donations of parishioners. A shopping list will be provided and the Parish Office will reimburse you for the goods you buy.

**The Verandah needs a bread collector.** The Verandah needs someone to collect and pack bread on the second Monday of every month (takes from about 6.15 to 7pm). If you are able to help out or would like further information please see Susan or email [manukachaplain@gmail.com](mailto:manukachaplain@gmail.com).

**Any white elephants?** Think now about what you can contribute for the Church Fete to be held on Saturday 8<sup>th</sup> November. Do you have white elephant items, jams, old woodworking tools, jewellery, craft, raffle items etc? Also planning help is desperately needed so please contact Rod King 0411093887 or 62823584.

**Seminar on Conservation Management Planning** on Saturday 27<sup>th</sup> September. A workshop organised by the Australian Garden History Society, ACT Monaro Riverina Branch, Venue: St John's Anglican Church precinct, 45 Constitution Avenue, Reid. More details available from the parish office.

**Fundraiser.** On Sunday 3<sup>rd</sup> August a friend of former parishioner Paul McKay, Brian Heilbronn, will be running the Townsville Marathon wearing the Tiered Body Armour System (as worn by soldiers in Afghanistan) to raise money for Soldier On. Soldier On supports Australian service personnel who have been wounded physically or psychologically in contemporary conflicts. The website <http://run.gofundraise.com.au/page/HeilbronnB> gives more details on why Brian has chosen this way of honouring his friend. You can donate online. If you have trouble finding the site, the office can email you a link which makes it easy.

**The Rector** is at St Luke's, Deakin today as it is the Rev'd Kevin Stone's last Sunday before his retirement.  
**NEXT SUNDAY –13<sup>TH</sup> JULY - FIFTH SUNDAY AFTER PENTECOST**

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**LECTIONARY TEXTS:** Genesis 25:19-34; Psalm 119:105-112; Romans 8:1-11; Matthew 13:1-9, 18-23

**8AM - ST PAUL'S**

CELEBRANT

The Rev'd Sonia Neville

PREACHER

The Rev'd Dr Brian Douglas

LITURGICAL ASSISTANT

Kay Pendlebury

INTERCESSOR

Clergy

READER

Toni Clarke

SIDESPEOPLE

Len Goodwin, Les Whaley

BREAKFAST

Claudia Hyles

ORGANIST

**8.30AM - ST DAVID'S**

CELEBRANT & PREACHER

The Rev'd Robert Willson

LITURGICAL ASSISTANTS

Penny Hebbard, Gillian King

INTERCESSOR

Heather Schmitzer

SIDESPEOPLE & READERS

Glenn Rees, Diana Carroll

MORNING TEA

Laurel Yeend, Gwen Benson

ORGANIST

**10AM - ST PAUL'S**

CELEBRANT

The Rev'd Dr John Moses

PREACHER

The Rev'd Dr Brian Douglas

DEACON

The Rev'd Susan Bridge

PRIEST ASSISTING

The Rev'd Hartley Hansford

LITURGICAL ASSISTANTS

Edwin Lowery, Robert Bailey,  
Christopher Deane, Andrew Waddell

INTERCESSOR

Tony Ralli

READERS

Colin Swinbourn, Leanne Lowery

SIDESPEOPLE

Neville & Joan Boston,

Ian & Shirley Gollings

MORNING TEA

Fiona Bannerman, Andrew Waddell,  
Desirae Young