

FIFTH SUNDAY OF PENTECOST

13TH JULY 2014

ST PAUL'S: 8 & 10AM

ST DAVID'S 8.30 AM



And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil... Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!'

Matthew 13:3-5, 8-9

ST PAUL'S ANGLICAN CHURCH, MANUKA
ST DAVID'S CHURCH, RED HILL
DIOCESE OF CANBERRA & GOULBURN

WELCOME TO ST PAUL'S AND ST DAVID'S CHURCHES

Welcome! On behalf of the clergy and people of St Paul's Church, Manuka and St David's, Red Hill. A large-print version of this bulletin is available from the sidespeople and at St Paul's a hearing loop is installed in the first five rows. *Please silence all phones and pagers for our worship.*

Visitors. If you are visiting, let us know. We encourage you to stay after the service for coffee and fellowship in the Hall.

LITURGICAL MINISTERS

8AM - ST PAUL'S	8.30AM - ST DAVID'S	10AM - ST PAUL'S
CELEBRANT The Rev'd Sonia Neville	CELEBRANT & PREACHER The Rev'd Robert Willson	CELEBRANT The Rev'd Dr John Moses
PREACHER The Rev'd Dr Brian Douglas	LITURGICAL ASSISTANTS Penny Hebbard, Gillian King	PREACHER The Rev'd Dr Brian Douglas
LITURGICAL ASSISTANT Kay Pendlebury	INTERCESSOR Heather Schmitzer	DEACON The Rev'd Susan Bridge
INTERCESSOR The Rev'd Dr Brian Douglas	SIDESPEOPLE & READERS Glenn Rees, Diana Carroll	PRIEST ASSISTING The Rev'd Hartley Hansford
READER Toni Clarke	MORNING TEA Laurel Yeend, Gwen Benson	LITURGICAL ASSISTANTS Edwin Lowery, Robert Bailey, Christopher Deane, Andrew Waddell
SIDESPEOPLE Len Goodwin, George Menham	ORGANIST	INTERCESSOR Tony Ralli
BREAKFAST Claudia Hyles		READERS Colin Swinbourn, Robert Bailey
ORGANIST Colleen Rae-Gerrard		SIDESPEOPLE Neville & Joan Boston, Ian & Shirley Gollings
		MORNING TEA Fiona Bannerman, Andrew Waddell, Desirae Young
		ORGANIST Chris Erskine

CONTACT DETAILS

Clergy	Phone	Email
The Rev'd Dr Brian Douglas	6295 9009	rector@stpaulsmanuka.org.au
The Rev'd Susan Bridge	6295 9144	manukachaplain@gmail.com
The Rev'd Kevin Stone	6282 3339	stlukes@deakinanglican.com.au
St Paul's Director of Music Matthew Stuckings	0404 136 959	matthew.stuckings@gmail.com
Wardens Robert Deane (St Paul's)	6288 9018	
Peter McDermott (St Paul's)	0411 055 458	peter.mcdermott@bigpond.com
Lorraine Litster (St David's)	6231 8873	
Rector's wardens Ingrid Moses (St Paul's)	6285 3743	ingrid.moses@canberra.edu.au
Duncan Anderson (St David's)	0429 327385	

PARISH OFFICE

Open 9.30am - 1.30pm, Monday to Friday Phone 6239 6148 Fax 6239 4079
E-mail: office@stpaulsmanuka.org.au Web: www.stpaulsmanuka.org.au
PO Box 3417 Manuka ACT 2603 Office Administrator: Christina Erwin

Setting at 10am: John Barrett (1916-1983) *St Paul's Setting*

Gathering in God's Name

INTROIT (10AM ONLY - CHOIR) William Byrd (1540-1623) *Lord, make me to know*

HYMN — TIS 96

- 1 Sing praise to the Lord! praise him in the height;
rejoice in his word, you angels of light;
all heaven adore him by whom you were made,
and worship before him in brightness arrayed.**
- 2 Sing praise to the Lord! praise him upon earth,
in tuneful accord sing praise for new birth;
praise him who has brought you his grace from above,
praise him who has taught you to sing of his love.**
- 3 Sing praise to the Lord, all things that give sound;
each jubilant chord re-echo around;
loud organs, his glory tell forth in deep tone,
and sweet harp, the story of what he has done.**
- 4 Sing praise to the Lord! thanksgiving and song
to him be outpoured all ages along;
for love in creation, for heaven restored,
for grace of salvation, sing praise to the Lord!**

Words: Henry Williams Baker 1821-77 based on Psalm 148 and Psalm 150 *alt.* Tune: *Laudate dominum*

The service continues as normal

SENTENCE (8.30 AM)

The words you have spoken are spirit and life, O Lord; you have the words of eternal life.

John 6:63, 68

COLLECT FOR THE DAY

Bountiful God, we thank you for planting in us the seed of your word: by your Holy Spirit, help us to receive it with joy, and to live according to it, that we may grow in faith and hope and love; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

The Ministry of the Word

A READING FROM GENESIS 25:19-34

Please be seated

THESE are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the LORD for his wife, because she was barren; and the LORD granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the LORD. And the LORD said to her, 'Two nations are in your womb, and two peoples born of you shall be divided; one shall be stronger than the other, the elder shall serve the younger.' When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up,

Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.) Jacob said, 'First sell me your birthright.' Esau said, 'I am about to die; of what use is a birthright to me?' Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

For the word of the Lord,
thanks be to God.

PSALM 119:105-112 (*Said by the congregation in alternate verses at 8 am, by all the congregation at 8.30am and sung by the choir at 10am*)

105 Your word is a lantern to my feet:
and a light to my path.

**106 I have vowed and sworn an oath:
to keep your righteous judgements.**

107 I have been afflicted beyond measure:
Lord, give me life according to your word.

**108 Accept, O Lord, the freewill offerings of my mouth:
and teach me your judgements.**

109 I take my life in my hands continually:
yet I do not forget your law.

**110 The wicked have laid a snare for me:
but I have not strayed from your precepts.**

111 Your commands are my inheritance for ever:
they are the joy of my heart.

**112 I have set my heart to fulfil your statutes:
always, even to the end.**

A READING FROM ROMANS 8:1-11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law – indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

For the word of the Lord,
thanks be to God

HYMN — TIS 648

- 1 Help us accept each other
as Christ accepted us;
teach us as sister, brother,
each person to embrace.
Be present, Lord, among us
and bring us to believe
we are ourselves accepted
and meant to love and live.
- 2 Teach us, O Lord, your lessons,
as in our daily life
we struggle to be human
and search for hope and faith.
Teach us to care for people,
for all — not just for some,
to love them as we find them
or as they may become.
- 3 Let your acceptance change us,
so that we may be moved
in living situations
to do the truth in love;
to practise your acceptance
until we know by heart
the table of forgiveness
and laughter's healing art.
- 4 Lord, for today's encounters
with all who are in need,
who hunger for acceptance,
for righteousness and bread,
we need new eyes for seeing,
new hands for holding on:
renew us with your Spirit;
Lord, free us, make us one!

Words: Frederik Herman Kaan 1929– . Words by permission Stainer & Bell Ltd, London.
Tune: *Runnymede* CCLI Licence no: 286646 (St Paul's) and 286653 (St David's)

GOSPEL ACCLAMATION (10am only)

Choir: Alleluia, alleluia

Congregation: Alleluia, alleluia

Choir: The seed is the word of God, Christ is the sower. All who come to him will have life forever.

Congregation: Alleluia, alleluia

THE HOLY GOSPEL — MATTHEW 13:1-9, 18-23

The Gospel of our Lord Jesus Christ according to Matthew

✠Glory to you, ✠Lord Jesus ✠Christ

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!' ... 'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

For the Gospel of the Lord:

praise to you Lord Jesus Christ.

**THE SERMON - THE REV'D DR BRIAN DOUGLAS - ST PAUL'S
- THE REV'D ROBERT WILLSON - ST DAVID'S**

A brief period of silence is observed for reflection on the sermon.

THE NICENE CREED - Page 123

The PRAYERS OF THE PEOPLE - Page 124

THE CONFESSION AND ABSOLUTION - Page 126

THE GREETING OF PEACE - Page 127

ANNOUNCEMENTS

OFFERTORY HYMN — TIS 547 (*During the singing of this hymn, the gifts of bread, wine and money are brought to the altar*)

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| <p>1 Be thou my vision, O Lord of my heart,
naught be all else to me, save that thou art
thou my best thought, by day or by night,
waking or sleeping, thy presence my light.</p> <p>2 Be thou my wisdom, be thou my true word;
I ever with thee and thou with me, Lord;
thou my great Father, thy child let me be;
thou in me dwelling, and I one with thee.</p> <p>3 Be thou my armour, my sword for the fight,
be thou my dignity, thou my delight;
thou my soul's shelter and thou my high tower;
raise thou me heaven ward,
O Power of my power.</p> | <p>4 Riches I scorn and the world's empty praise,
thou my inheritance, now and always:
thou and thou only the first in my heart;
high King of heaven, my treasure thou art.</p> <p>5 High King of heaven, after victory won,
may I reach heaven's joys, O bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O ruler of all.</p> |
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Words: John Ernest Bode 1816-74 Tune: *Slane*

OFFERTORY PRAYERS

THE GREAT THANKSGIVING - Page 128

COMMUNION At 10am - *Teach me, O Lord* Thomas Attwood (1765-1838)

PRAYER AFTER COMMUNION - Page 143

BLESSING - Page 144

HYMN — TIS 349

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| <p>1 In the cross of Christ I glory,
towering o'er the wrecks of time;
all the light of sacred story
gathers round its head sublime.</p> <p>2 Through the cross, Christ's love empowers us
worldliness and self deny;
by his Spirit it inspires us
him, through love, to glorify.</p> | <p>3 When the woes of life o'ertake us,
hopes deceive and fears annoy,
never shall the cross forsake us,
from it shines our peace and joy.</p> <p>4 Bane and blessing, pain and pleasure,
by the cross are sanctified;
peace is there that knows no measure,
joys that through all time abide.</p> |
|---|--|

**5 In the cross of Christ I glory,
towering o'er the wrecks of time;
all the light of sacred story
gathers round its head sublime.**

Words: from *The Poem Book of the Gael* Gaelic c.8th cent. tr. Mary Elizabeth Byrne 1880–1931 versified by Eleanor Henrietta Hull 1860–1935 alt. Tune: *Stuttgart*

DISMISSAL

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Please remember in your prayers: The Sick: Ian Cameron, Luke Ehrensperger, Monica Freeman, Joyce Howe, Rosemary King, Trevor Lee, Sara Leites, Andrew Livingstone, Irene Mather, Ray Newman, Ella Nicholls, Barbara Osborne, Norma Rigby, Maria Soares.

To add a name, call or email the parish office. The person's permission is required.

Names remain on the prayer list for four Sundays only, unless the parish office is advised otherwise.

Pastoral visits for the sick. Please let the Parish office know if you know of someone who is sick who may appreciate a pastoral visit.

Text from *A Prayer Book for Australia* (© 1995, Broughton Books.), The Anglican Church of Australia Trusts Corporation. Psalm texts are from *The Liturgical Psalter, Inclusive Language Version* © David L. Frost, John A. Emerton, Andrew A. Macintosh, used with permission. Hymns, some of which are copyright, are from *Together in Song* (Sydney: HarperCollinsReligious, 1999). Unauthorised copying of copyrighted hymns is prohibited. Bible readings *The New Revised Standard Version* (Nashville, TN: Thomas Nelson Publishers, 1989). Cover illustration: www.BiblePictureGallery.com

News and Announcements

*To add a notice, email or call the Parish Office by 1.30pm on the **Tuesday** before the notice is to appear.*

The flowers at St Paul's are in loving memory of Roz Bruhn's father, James Goffey, who died 10 years ago today.

Discovery. Warm up this winter by visiting Asia on **16th July**, when Ross Goddard, from Goddard and Howes, will give us insights into non-government organisations working in Burma (Myanmar), Laos, Cambodia and Vietnam. Our guest speaker will show us the humanitarian side of his work in these countries at 11 am in the Mollison Room. Please bring along friends who may be interested. Morning tea is available from 10.30 am onwards.

Walking Group. Next walk Saturday **26th July** - Hall to Lake Ginninderra along the Canberra Centenary Trail. Meet at Diddams Close Park (Map ref: 11b on page 11 of yellow pages) at first car park on left at 1 pm. Then a car shuttle to Hall and a 10km walk back taking about 3 hours. BYO afternoon refreshments back at the cars. Your leader Sally Dakin on 6295 7835 or 0400 316 750.

Lunchtime organ recital. The next RSCM lunch time organ recital will be performed at St Paul's on **31st July** from 12.30 to 1.15 pm. The program will include Vierne, Bach, Saint-Saens, and Bruch.

3rd August marks the 100th anniversary of public worship in the parish. The tin shed was erected and in use in early August 1914. On 3rd August The Venerable Michael Whiting from Adelaide, and son of The Rev'd Tom Whiting (one of the early clergy at St Paul's) will be with us to preach. The day also marks the 75th anniversary of the opening of St Paul's and the centenary of the beginning of World War I. It will be an important day. Please plan to be present at St Paul's at 10am.

Retreat. August 25-27: Season of Mellow Fruitfulness. A two-day retreat on ageing well at The Hermitage, Mittagong. In *Five Things to Fear*, poet Clarissa Pinkola Estes says, 'I have several fears I would like you to have. Fear these: Fear not loving while you have the chance. Fear becoming bitter. Fear cynicism. Fear turning to stone. Fear living underwhelmed by everything.' This retreat provides a gentle opportunity to contemplate how our senior years might be a season of 'growth' - growing old, rather than simply getting old. For more information, ask Susan or contact the Rev'd Dr. Sarah Bachelard, Email: sarah.bachelard@gmail.com or mobile 0401009156.

Meditation on Mondays will begin on Monday **11th August** at St Alban's Anglican Church, Lyons. Please contact Anthony Frost on 0409 012543 or antfrost@hotmail.com for further information.

Seminar on Conservation Management Planning on Saturday **27th September**. A workshop organised by the Australian Garden History Society, ACT Monaro Riverina Branch, Venue: St John's Anglican Church precinct, 45 Constitution Avenue, Reid. More details available from the parish office.

Fundraiser. On Sunday 3rd August Brian Heilbronn, a friend and colleague of our former parishioner Paul McKay, will be running the Townsville Marathon wearing the Tiered Body Armour System (as worn by soldiers in Afghanistan) to raise money for Soldier On. Soldier On supports Australian service personnel who have been wounded physically or psychologically in contemporary conflicts. The website <http://run.gofundraise.com.au/page/HeilbronnB> gives more details on why Brian has chosen this way of honouring his friend. You can donate online. If you have trouble finding the site, the office can email you a link which makes it easy.

St David's organist. St David's regular organists are unavailable on July 27th and August 10th. Our attempts to find an alternative have been unsuccessful so the services on those Sundays will be spoken. If you know of someone able to help by playing the hymns on those Sundays please speak to the Rector urgently.

Fork and Talk. A very enjoyable Fork and Talk was held last Sunday. It raised \$647.95 (including donations) towards the Hall Restoration and our thanks to those who provided our wonderful lunch and to all those who helped to make it possible. Ros & Robert Deane.

Online Community Saver accounts. The Anglican Investment & Development Fund has an online Community Saver account in which parishioners can earn an attractive rate of interest and in return the AIDF donates a further percentage to St Paul's. All accounts are free of fees and charges. The website shows the current interest rate for Online Saver Accounts as 3.75% per annum paid monthly. For further information see www.aidf.com.au and click on "account options".

NEXT SUNDAY –20TH JULY - SIXTH SUNDAY AFTER PENTECOST

LECTIONARY TEXTS: Genesis 28:10-19a; Psalm 139:1-11, 23-24; Romans 8:12-25; Matthew 13:24-30, 36-43

8AM - ST PAUL'S

CELEBRANT
The Rev'd Susan Bridge
PREACHER
The Rev'd Susan Bridge
PRIEST ASSISTING
The Rev'd Sonia Neville
LITURGICAL ASSISTANT
Christine May
INTERCESSOR
Rob May
READER
Peter McDermott
SIDESPEOPLE
Rebecca Meyers, Celia Acworth
BREAKFAST
Iorie & Jeanette Evans
ORGANIST

8.30AM - ST DAVID'S

CELEBRANT & PREACHER
The Rev'd Dr Brian Douglas
LITURGICAL ASSISTANTS
Jill Elliot, Duncan Anderson
INTERCESSOR
Duncan Anderson
SIDESPEOPLE & READERS
Ian Westwood, Amanda Lynch
MORNING TEA
Suzanne Curtis,
Patricia Mulcare
ORGANIST
Susannah Bishop

10AM - ST PAUL'S

CELEBRANT
The Venerable John Gibson
PREACHER
The Rev'd Susan Bridge
DEACON
The Rev'd Susan Bridge
PRIEST ASSISTING
The Rev'd Dr Brian Douglas
LITURGICAL ASSISTANTS
Edwin Lowery, Lydia Waddell, Peter Cumines, Roni Corne
INTERCESSOR
Catherine Bohm
READERS
Tony Gay, Helen Raymond
SIDESPEOPLE
Tony Gay, Alec & Ann Lazenby,
Roz Bruhn
MORNING TEA
Patricia Laird, Alec Philip,
Philip Christie