

FIRST SUNDAY IN LENT

5TH MARCH 2017

ST PAUL'S: 8 AM & 10AM

ST DAVID'S: 8.30AM



Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished.

Matthew 4:1-2

ST PAUL'S ANGLICAN CHURCH, MANUKA
DIOCESE OF CANBERRA & GOULBURN

WELCOME TO ST PAUL'S AND ST DAVID'S CHURCHES

Welcome! On behalf of the clergy and people of St Paul's Church, Manuka and St David's, Red Hill. A large-print version of this bulletin is available from the sidespeople and at St Paul's a hearing loop is installed in the first five rows. *Please silence all phones and pagers for our worship.*

Visitors. If you are visiting, let us know. We encourage you to stay after the service for coffee and fellowship in the Hall.

LITURGICAL MINISTERS

8AM - ST PAUL'S	8.30AM - ST DAVID'S	10AM - ST PAUL'S
CELEBRANT The Rev'd Alipate Tuineau	CELEBRANT & PREACHER The Rev'd Canon John Campbell	CELEBRANT The Venerable Dr Brian Douglas
PREACHER The Venerable Dr Brian Douglas	LITURGICAL ASSISTANTS Peter Morris, Duncan Anderson	PREACHER The Venerable Dr Brian Douglas
DEACON ASSISTING The Rev'd Kelvin Harris	INTERCESSOR Amanda Lynch	DEACON The Rev'd Kelvin Harris
LITURGICAL ASSISTANT Anne Maybanks	SIDESPEOPLE & READERS Cate Evans, John Farnan	PRIEST ASSISTING The Rev'd Alipate Tuineau
INTERCESSOR Rob May	MORNING TEA Penny Richardson, Suzanne Curtis	LITURGICAL ASSISTANTS Rob McGahy, Michael Richards, Kay Pendlebury, Nilesh Gunasekere
READER Claudia Hyles	ORGANIST Robert Goodrick	INTERCESSOR The Rev'd Kelvin Harris
SIDESPEOPLE Robyn Schleiger		READERS Catherine Böhm, Beth Lee
BREAKFAST Rob & Christine May		SIDESPEOPLE Lesley Jemesen, Margaret Hansford, Philip Christie, Jocelyne Macleod
ORGANIST Susanah Bishop		MORNING TEA David Henry, Violet Turner, Pauline Emmott
		ORGANIST Chris Erskine

PARISH CONTACT DETAILS

Clergy	Phone	Email
The Venerable Dr Brian Douglas (Rector and Archdeacon of South Canberra)	6295 9009	rector@stpaulsmanuka.org.au
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The Rev'd Kelvin Harris (Deacon Assistant)	0412 946 579	kelvin@stpaulsmanuka.org.au
The Rev'd Canon John Campbell (Priest at St David's)	0413 362 544	canonjcampbell@gmail.com
St Paul's Director of Music		
Matthew Stuckings	0404 136 959	matthew.stuckings@gmail.com
Wardens		
Robert Deane (St Paul's)	6288 9018	
Peter McDermott (St Paul's)	0411 055 458	peter.mcdermott@bigpond.com
Lorraine Litster (St David's)	6231 8873	
Rector's wardens		
Ingrid Moses (St Paul's)	6285 3743	ingrid.moses@canberra.edu.au
Duncan Anderson (St David's)	0429 327385	

PARISH OFFICE

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 E-mail: office@stpaulsmanuka.org.au Web: www.stpaulsmanuka.org.au
 PO Box 3417 Manuka ACT 2603 Office Administrator: Christina Erwin

10am Setting: (choir): Michael Dudman (1938-1994) *Parish eucharist*

Gathering in God's Name

INTROIT at 10am: (choir) - Lenten prose

Hear us, O Lord, have mercy upon us, for we have sinned against thee. To thee, Redeemer, on thy throne of glory, lift we our weeping eyes in holy pleadings, listen, O Jesu, to our supplications. Hear us, O Lord...

HYMN TIS 463

*May this Lenten discipline,
which we undertake with love,
turn our minds to things above.*

- 1. Sin has sundered us from God,
selfish we have grown and cold,
foolish were the ways we trod,
evil habits keep their hold.**
- 2. Now we fast that we may feast
where the Lord of Life presides;
may our hunger be increased
for the bread which he provides.**

- 3. As we keep this Lent with prayer
and from pleasures are withdrawn,
minds and bodies we prepare
for the joy of Easter dawn.**

Words: James Phillip McAuley 1917–76. Tune: *Lindfield*.
LicenSing licence No: 620243 (St Paul's), 621476 (St David's)

The service continues on page 119.

SENTENCE

We do not live by bread alone, but by every word that comes from the mouth of God.

Matthew 4:4

COLLECT FOR THE DAY

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are, yet did not sin: give us grace to direct our lives in obedience to your will, that, as you know our weakness, so we may know your power to save; through Jesus Christ our Redeemer, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Ministry of the Word

A READING FROM GENESIS 2:15-17, 3:1-7

Please be seated

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

For the word of the Lord
thanks be to God.

PSALM 32 (*Said by the congregation in alternate verses at 8am, by all the congregation at 8.30am and sung by the choir at 10am*)

- 1 Blessed are those whose sin is forgiven:
whose iniquity is put away.
- 2 **Blessed are those to whom the Lord imputes no blame:
and in whose spirit there is no guile.**
- 3 For whilst I held my tongue:
my bones wasted away with my daily complaining.
- 4 **Your hand was heavy upon me day and night:
and my moisture was dried up like a drought in summer.**
- 5 Then I acknowledged my sin to you:
and my iniquity I did not hide;
- 6 **I said 'I will confess my transgressions to the Lord':
and so you forgave the wickedness of my sin.**
- 7 For this cause shall everyone that is faithful make their prayer to you in the day of trouble:
and in the time of the great water-flood, it shall not come near them.
- 8 **You are a place to hide me in, you will preserve me from trouble:
you will surround me with deliverance on every side.**
- 9 'I will instruct you, and direct you in the way that you should go:
I will fasten my eye upon you, and give you counsel.
- 10 **'Be not like horse or mule, that have no understanding:
whose forward course must be curbed with bit and bridle.'**
- 11 Great tribulations remain for the ungodly:
but whoever puts their trust in the Lord, mercy embraces them on every side.
- 12 **Rejoice in the Lord, you righteous, and be glad:
and shout for joy, all you that are true of heart.**

A READING FROM ROMANS 5:12-21

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. But law came in, with the result that the trespass multiplied; but where sin increased, grace abounded all the more, so that, just as sin exercised dominion in death, so grace might also exercise dominion through justification leading to eternal life through Jesus Christ our Lord.

For the word of the Lord,
thanks be to God

HYMN — TIS 591

1. Forty days and forty nights
you were fasting in the wild,
forty days and forty nights
tempted, and yet undefiled:
2. let us your endurance share
and from earthly greed abstain,
with you watching unto prayer,
with you strong to suffer pain.
3. And if Satan on us press
flesh or spirit to assail,
Victor in the wilderness,
grant we may not faint or fail.
4. Keep, O keep us, Saviour dear,
ever constant by your side,
that with you we may appear
at the eternal Eastertide.

Words: George Hunt Smyttan 1822-70 and Francis Pott 1832-1909 *alt.* . Tune: *Heinlen.*

GOSPEL ACCLAMATION (10am only)

Choir: Praise to you, O Christ, King of eternal glory

Congregation: Praise to you, O Christ, King of eternal glory

Choir: We do not live on bread alone: but on every word that comes from the mouth of God.

Congregation: Praise to you, O Christ, King of eternal glory

THE HOLY GOSPEL — MATTHEW 4:1-11

The Gospel of our Lord Jesus Christ according to Matthew

✠Glory to you, ✠Lord Jesus ✠Christ

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.

For the gospel of the Lord
praise to you Lord Jesus Christ.

THE SERMON - ST PAUL'S - THE VENERABLE DR BRIAN DOUGLAS

- ST DAVID'S - THE REVEREND CANON JOHN CAMPBELL

A brief period of silence is observed for reflection on the sermon.

THE NICENE CREED - Page 123

The PRAYERS OF THE PEOPLE - Page 124

THE CONFESSION AND ABSOLUTION - Pages 151 and then page 126

THE GREETING OF PEACE - Page 127

ANNOUNCEMENTS

OFFERTORY HYMN — TIS 576 (*During the singing of this hymn, the gifts of bread, wine and money are brought to the altar*)

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|---|---|
| <p>1 O for a closer walk with God,
a calm and heavenly frame,
a light to shine upon the road
that leads me to the Lamb.</p> <p>2 Where is the blessedness I knew
when first I saw the Lord?
Where is the soul-refreshing view
of Jesus and his word?</p> <p>3 What peaceful hours I once enjoyed,
how sweet their memory still!
But they have left an aching void
the world can never fill.</p> | <p>4 Return, O holy dove, return,
sweet messenger of rest!
I hate the sins that made thee mourn,
and drove thee from my breast.</p> <p>5 The dearest idol I have known,
whate'er that idol be,
help me to tear it from thy throne
and worship only thee.</p> <p>6 So shall my walk be close with God,
calm and serene my frame;
so purer light shall mark the road
that leads me to the Lamb.</p> |
|---|---|

Words: William Cowper 1731-1800. Tune: *Caithness*.

OFFERTORY PRAYERS

THE GREAT THANKSGIVING - Page 151 and then pages 128 - 129

COMMUNION (at 10am - William Byrd (1540-1623) *Teach me, O Lord* [text: Psalm 119:133-138])

PRAYER AFTER COMMUNION - Page 151 and then page 144

BLESSING - Page 152

HYMN — TIS 472

1. Father of mercy, God of consolation,
look on your people, gathered here to praise you:
pity our weakness, come in power to aid us,
source of all blessing.
2. Son of the Father, Lord of all creation,
come as our Saviour, Jesus, friend of sinners:
grant us forgiveness, lift our downcast spirit,
heal us and save us.
3. Joy-giving Spirit, be our light in darkness,
come to befriend us, help us bear our burdens:
give us true courage, breathe your peace around us,
stay with us always.
4. God in three persons, Father, Son and Spirit,
come to renew us, fill your church with glory:
grant us your healing, pledge of resurrection,
foretaste of heaven.

Words: James Quinn 1919- . Tune: *Christe Sanctorum*

DISMISSAL

Go in peace to love and serve the Lord.
In the name of Christ. Amen

Please remember in your prayers: *The Sick*: Diana Hanna, Alya Henry, Andrew Livingston, Fr Lyall Turley. *Anniversary*: John Morgan.

To add a name, call or email the parish office. The person's permission is required. Names remain on the prayer list for four Sundays only, unless the parish office is advised otherwise.

News and Announcements

To add a notice, email or call the Parish Office by 1.30pm on the **Tuesday** before the notice is to appear.

Pastoral visits for the sick. Please let the Parish office know if you know of someone who is sick who may appreciate a pastoral visit.

Lenten Study Groups will be on Tuesdays at 9.30 am and 6.30 pm in the Rectory. Please bring your own Bible and the list of readings on the previous week's bulletin. The study continues on Tuesdays until 28th March.

Igitur Nos Chamber Choir, directed by Matthew Stuckings, will present Thomas Tallis's sublime 40-part motet *Spem in Alium* in a short concert of Tallis's music at St Paul's **today** from 12:30 to 1pm. The performance is free, but a note donation would be welcome. The programme will be repeated at the National Portrait Gallery at 2pm.

Trading Table. A book/CD/DVD trading table will be held at St Paul's next Sunday 12th March. Please contact Catherine Böhm (0421030954) for further information or if you would like to help. Items can be dropped off and put under the stage during the week. Please come and support the after school coaching program for refugees and migrants run by MARSS which is one of the outreach programs of our parish.

Walking Group. Places are available at the Canberra Alpine Club Lodge in Perisher Valley from Monday 20th March for 3 or 4 nights and any interested are welcome to contact leader Bev McLeod 62814208 for further information. A choice of walks will be offered each day, weather permitting. Accommodation cost is \$119.60 for four nights or \$89.70 for three and we share cooking.

AGM. The Annual General Meeting will take place on **Sunday 26th March** at 12 noon.

Introduction to Christian Meditation During Lent an opportunity is being offered at St Peter Chanel's, Yarralumla to find out about Christian Meditation; Psalm 46 – "Be still and know that I am God". It commences tomorrow **6th March** (7.15pm for 7.30pm start) and continues for five successive Mondays in the Parish meeting room, Weston Street, Yarralumla. No cost, no RSVP required, just turn up. Enquire: email: act@christianmeditationaustralia.org or phone Rod or Susan (0401 731 918).

Community: The Autumn issue of *Community* is now available (in beautiful colour) on St Paul's web site. Printed copies have been distributed at Sunday services.

Verandah food donations. Donations of groceries (left at back of St Paul's) are always appreciated for Verandah ministry. We especially appreciate donations of: small sizes of fish and fruit; and tinned beans or spaghetti with added meat/flavours. Donations of other items continue to assist including: long life milk, sugar, coffee, tea, ready-to-eat-vegetable-pasta-sauce, and instant noodles/rice/pasta. Thank you.

Anglican News. Copies of *Anglican News* are available at the back of the church. If you would like to receive an electronic version please contact the office.

WORSHIP SERVICES IN THE PARISH OF MANUKA

ST PAUL'S, MANUKA

Sunday 7am Holy Eucharist (BCP - said)
 8am Holy Eucharist (said, with hymns)
 10am Holy Eucharist (sung)
 6pm Choral Evensong (third Sunday of the month - February to November)
 Wednesday 10am Holy Eucharist

ST DAVID'S, RED HILL

Sunday 8.30am Holy Eucharist
 Thursday 10am Holy Eucharist

NEXT SUNDAY –12TH MARCH - SECOND SUNDAY IN LENT

LECTIONARY TEXTS: Genesis 12:1-4a; Psalm 121; Romans 4:1-5, 13-17; John 3:1-17

8AM - ST PAUL'S

CELEBRANT
 The Rev'd Canon John Campbell
 PREACHER
 The Rev'd Alipate Tuineau
 DEACON ASSISTING
 The Rev'd Kelvin Harris
 LITURGICAL ASSISTANT
 Wendy Lones
 INTERCESSOR
 Clergy
 READER
 TBA
 SIDESPEOPLE
 Len Goodwin, Les Whaley
 BREAKFAST
 Claudia Hyles
 ORGANIST
 Adrian Keenan

8.30AM - ST DAVID'S

CELEBRANT & PREACHER
 The Venerable Dr Brian Douglas
 LITURGICAL ASSISTANTS
 Duncan Anderson,
 Lorraine Litster
 INTERCESSOR
 Joan Chynoweth
 SIDESPEOPLE & READERS
 Ian Westwood, Diana Carroll
 MORNING TEA
 Lisa Westwood, Gwen Benson
 ORGANIST
 Robert Goodrick

10AM - ST PAUL'S

CELEBRANT
 The Rev'd Hartley Hansford
 PREACHER
 The Rev'd Alipate Tuineau
 DEACON
 The Rev'd Kelvin Harris
 PRIEST ASSISTING
 The Rev'd Dr John Moses
 LITURGICAL ASSISTANTS
 Kay Pendlebury, Tony Ralli,
 Naresh Gunasekere, Deeksha Lakra
 INTERCESSOR
 Tony Ralli
 READERS
 Colin Swinbourn, Leanne Lowery
 SIDESPEOPLE
 Joan Boston, Tony Hill,
 Ian & Shirley Gollings
 MORNING TEA
 Fiona Bannerman, Waddell family
 ORGANIST
 Mary Anne Neilsen